

## Benefits to the Skater

- Gives the skater more confidence when performing at both competitions and shows
- Gives the skater a chance to develop the dramatic side of their skating
- Gives the skater a chance to be a part of a team
- Gives the chance to travel both locally and internationally
- Gives the skater a chance to make new friends
- Brings an emotional spirit into the skaters' skating.



## Tentative Performance/ Competition Schedule

- Green Mountain Open, Burlington, VT  
March 6-8 or 13-15, 2009
- North Shore Open, Reading, MA  
June 5-7, 2009
- International/National Theatre on Ice, Chicago, IL,  
June 24-28 2009



2007 Gold Medalists  
2008 Silver Medalists  
Novice Choreographic Exercise Team  
2008 Pewter Medalists  
Novice Freeskate  
International Theater on Ice

# Danbury Ice Cabaret Ensemble

## 2008-09 Season

Theatre on Ice (TOI) is the newest discipline of competitive figure skating. It combines the grace of figure skating with the excitement of theater and dance. Teams consist of between eight and 30 skaters who are responsible for conveying a story (theatrical production) on ice. We provide a team atmosphere where skaters of various ages and skill levels work together to portray their story. We strive to improve the theatrical skills and the quality of the individual skater as well as to provide an opportunity where skaters can compete nationally and internationally.

D.I.C.E. prepares two programs each year: a long program and the choreographic exercise which is the equivalent of the short program.

Representing Laurel Ridge Figure Skating Club, D.I.C.E. is in its fourth year as a competitive team. They placed First in the Choreographic Exercise event at the International Theater on Ice competition in June 2007. In 2008, they placed 2nd in the CE and 4th in the Freeskate; they are ranked 5th Nationally. The team typically participates in 3 competitions and the club show each year.



### Our Philosophy

Each and every member of D.I.C.E. is an important part of the entire program and no one person is more important than the D.I.C.E. organization. The D.I.C.E. philosophy recognizes and builds on the strength of each skater to produce a unified team. The team will:

1. Strive to improve the quality of team members' individual skating skills, thereby increasing the overall team performance. Skaters are expected to supplement D.I.C.E. practice with additional individual skating practice and/or class/private lessons.
2. Work as a team in order to achieve personal and group goals.
3. Learn responsibility, leadership, and respect for all.
4. Compete with the intent of achieving their highest possible team performance.
5. Increase or maintain team member personal level of fitness.
6. Make new friends, learn, and have fun.

All decisions made by the coaching team will be based on the best interest of the team as a whole and not for an individual skater. The good of the team overrides personal likes and dislikes.

### Who is Eligible?

Any member of US Figure Skating who meets the minimum requirements listed below.

### Minimum Requirements

- At least 8 years old by 9/1/08
- Must have passed at least the Pre-Preliminary moves in the field test
- Must have at least the Preliminary Freestyle test elements at a passing level (test does not need to be passed)
- Skaters must maintain and improve their individual skills with lessons and practice
- Must be members of US Figure Skating
- Must be at least an associate member of LRSC
- Auditions may be requested from new skaters

### When & Where are Practices

- The team practices at the Danbury Ice Arena from mid-Sept.– late June. Practices will be on Wednesdays 6:10-7:10pm.
- D.I.C.E. is a 10 month commitment

### Cost

- Team costs for each season are determined based on the number of skaters who commit to the team and the goals set by the coaches. Costs include ice time, coaching fees, costumes, scenery, travel and competition fees.

### Parental Involvement

- D.I.C.E. needs the involvement of all families.
- There are many ways to help out the team. For example, props, hair, makeup, etc.



### Coaches

Head coaches are Gianine Crow, Founder of the team, and Karla Jones, Skating Director of the Danbury Ice Arena. Specialty coaches are also sometimes utilized.

### Contact

For further information please contact either Gianine Crow at [giask8@charter.net](mailto:giask8@charter.net) or Karla Jones at [skatingdirector@danburyice.com](mailto:skatingdirector@danburyice.com) or (203)794-1704, ext. 105.