



# Danbury Ice Arena

1 Independence Way  
Danbury, CT  
(203) 794-1704



## CHECKING CLINIC

Mondays August 3, 10, 17, 24 and 31

7:40pm – 8:40pm

Only \$100.00 for all 5 sessions

\$30.00 Individual walk on fee

**Gene Katz**, the Hockey Director at the Danbury Ice Arena will once again direct the high energy beneficial hour... **The Checking clinic** is designed to familiarize all players with giving and receiving body checks safely and cleanly...All physical aspects of the game are examined including body checks, hip checks, defensive one on one posturing, angling and finishing checks that all coaches tend to notice...Players will be matched up with other players of their own ability in a safe but strenuous hour of on ice battles...Mites through College players have all benefited from this popular session...

This clinic is highly recommended for any player looking to bring a more physical game to any level

**Attention Mites, Squirts, Peewees, Bantams and H.S. players: Don't miss out on this opportunity to get yourself noticed...This clinic is a must for players entering into the checking divisions and for the players who intend on making an impact on their coaches, teammates and opponents...Leave your carbon foot print in the game!!!**

“Repetition in a controlled setting where players are drilled and corrected often only fosters better, productive and more effective players”... *Coach Katz*